

# DO IT ALL IN A DAY AT ADRENALIN QUARRY

- Fly high on the UK's Longest Zip Wire
- Defy gravity on the UK's Tallest Swing
- Jump off cliffs and make a splash in our wild Coasteering adventure
- Be king of the road at Kartworld: 800m outdoor karting circuit on the same site

# GET PRICES, VIDEOS, REVIEWS AND MORE ON YOUR MOBILE...

- **SCAN THE QR CODE**
- **TEXT JUMP TO 60777**  
Texts charged at your standard network rate
- **VISIT: AdrenalinQuarry.co.uk**



# FLY DOWN THE ZIP

UK'S LONGEST, FASTEST, HIGHEST ZIP WIRE

# JUMP OFF A CLIFF!

ON THE UK'S LONGEST ZIP WIRE



# RIDE THE GIANT SWING

FLY 50M ABOVE THE QUARRY LAKE



# GO COASTEERING

100% ADRENALIN: JUMPING, CLIMBING & SWIMMING



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**ADRENALIN QUARRY**.co.uk

SCAN QR CODE



**FAMILY DAY OUT**  
**NO AGE LIMIT**  
NO NEED TO BOOK THE ZIP OR SWING  
**OPEN ALL WEATHER**

# THE SCARY STUFF IS PAY AS YOU GO. ALL THE REST IS FREE

- It's free to enter. Stay as long as you want...
- Bring a picnic! Watch the show from the clifftop decks, lay a blanket on the lakeside lawn & don't forget your frisbee
  - Let the kids loose in the play area
  - Use our WiFi in the great outdoors
  - Enjoy the jaw-dropping views and take a walk on the wild side...

**OPEN EVERY DAY, EASTER-END SEPT, 10AM-6PM**  
Oct-Easter: weekends/half-terms, 10am-dusk.  
Closed Christmas holidays.



**GET PRICES, DEALS AND SPECIAL OFFERS**  
Budget your day.

**SEE THE VIDEOS ON YOUTUBE**  
Look before you leap.

**CHECK US OUT ON TRIP ADVISOR AND FACEBOOK**  
Read reviews and see what people say.

**FIND LOCAL BEACHES, CAFES AND PUBS**  
Make the most of your trip.

**FIND US FAST**  
PL14 3PJ. Use your GPS wherever you are.

**BUY TEXT TICKETS... STRAIGHT TO YOUR PHONE**  
Simple.

**Facebook**  
Like us & check in.

**tripadvisor**  
Rate us.

**foursquare**  
Check in.

**SEND GIFT VOUCHERS AND TICKETS FROM YOUR PHONE...**  
...Dish out the danger.



# AWESOME EVENTS AT ADRENALIN QUARRY

WE LOVE STAG & HEN MAYHEM, WILD WEDDINGS, RAGING RECEPTIONS, MASS PICNICS, OUTDOOR FILMS, ORCHESTRAS UNDER THE CLIFFS, RAFT BUILDING, DEVELOPMENT TRAINING...

**BOOK YOUR OWN ADVENTURE ON 01579 308 204**

**EASY TO FIND • NEXT TO THE A38**  
FOLLOW SIGNS TO KARTWORLD & MENHENIOT

**From Newquay:** 45 mins: A30 to Bodmin, A38 past Liskeard, left at Kartworld/Menheniot exit. **From Plymouth:** 20 mins: A38 towards Liskeard, right at Kartworld/Menheniot exit. **From Looe:** 15 mins: A387, B3252, B3251. Cross A38 to Kartworld/Menheniot. Lower Clicker Rd, Menheniot, Liskeard, Cornwall PL14 3PJ

**01579 308 204**

**WE KEEP PRINT LOCAL**  
lowcarbonprint.co.uk

Like us & check in on **Facebook**

Tweet about us @adrenalinquarry

Check in on **foursquare**

See us on **YouTube**

Rate us on **tripadvisor**

Rate us on **\*QYPE**  
FIND IT. SHARE IT.

Created by voice-group.co.uk

# ADRENALIN QUARRY

.co.uk

AS FEATURED ON THE GADGET SHOW

# SOAR OVER THE FLOODED QUARRY

50M HIGH • 490M LONG • TWIN CABLES



**NO NEED TO BOOK • JUST TURN UP  
AND GET READY FOR THE RUSH**

At 490m long and 50m high, it's the longest, fastest, highest zip wire in the UK, throwing you over our lake at 40mph. Anyone can do it: youngest so far is 4, oldest 94. Beat that!

Weight limit: min 25kg, max 115kg. No age limit. (Limits may vary with weather conditions.)

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ON YOUR MOBILE...**

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Texts charged at your standard network rate

**WE GO OVER THE TOP ABOUT SAFETY  
YOU GO OVER THE TOP SAFELY**

# DEFY GRAVITY

ON THE UK'S TALLEST SWING



**JUST TURN UP AND FLY  
NO NEED TO BOOK**

Go from maximum G to pure freefall on The Giant Swing. Our supersized playground ride takes you sky high then sends you over the edge in 50m of clifftop madness. Plunge three-at-a-time towards the lake then get weightless as you drop back above the water.

Min weight: 25kg. No age limit. (Limits may vary with weather conditions.)

**GO COASTEERING  
ON OUR QUARRY CLIFFS**

**WILD SWIMMING, CLIMBING & JUMPING  
BOOK YOUR SESSION NOW  
01579 308 204 • [AdrenalinQuarry.co.uk](http://AdrenalinQuarry.co.uk)**

Go wild swimming across the quarry lake, climb sheer cliffs then jump off them. For the finish, it's toe-to-toe with The Tombstone, our highest jump. Friendly, qualified instructors oversee activities. Advance booking essential. No weight limit. Min age: 10. Must be able to swim 50m unaided.

All our rides are supervised by friendly, trained instructors, there to reassure and help you. We use state-of-the-art equipment. Weight/age limits: ZIP: min 25kg, max 115kg, no age limit. SWING: min 25kg, no max, no age limit. COASTEERING: age 10+, must be able to swim 50m unaided. Limits may vary with weather conditions. For daily updates go to [adrenalinquarry.co.uk](http://adrenalinquarry.co.uk), text JUMP to 60777 or scan the QR code.